



Hauraki Plains College

Excellence is our Tradition

Dear Parent / Caregiver

It was good to see so many parents and caregivers (over 70%) take up the opportunity for River Conferencing and trust it was a worthwhile experience for you. Feel free to keep in touch with your child's River Guide should you have any concerns or questions.

We have a number of initiatives on the go at the moment:

Hauraki Community of Learning: The Hauraki Community of Learning is a collaborative effort between the eleven contributing Primary schools and HPC within our area. Communities of Learning are part of the new approach to raising education achievement. Working together allows schools to share teaching expertise and experience so every child can benefit. The funding available will allow our most effective teachers to work with and support others, raising the quality of teaching across schools.

Project Papatuanuku: Project Papatuanuku (Mother Earth) is at the invitation of five Pare Hauraki iwi - Ngāti Maru, Ngāti Paoa, Ngāti Tamaterā, Ngāti Tara Tokanui and Te Patukirikiri who purchased the former Landcorp property, now known as Pouarua Farm Ltd, in 2013 as part of their Treaty of Waitangi Settlement. The project aims to educate students in practical farming methods on peat land and the associated science and technology as well as research into increasing productivity

Secondary Schools Employment Partnership: HPC is one of five schools in the Waikato being selected for this project. The partnership aims to enhance knowledge sharing and understanding between industry and educators and enable teachers to develop teaching programmes that are relevant to local employment needs. Working with our English department teachers, it is hoped that students will have a greater understanding of the work environment, while giving employers the opportunity to influence the messages students receive at school.

KIVA: Kiva is an evidence-based programme, developed in Finland, designed to prevent bullying and to tackle cases of bullying effectively. New Zealand generally has appalling statistics when it comes to bullying and what can happen when bullying is not addressed.

KEY DATES

Thurs 7 – Fri 8 April

River Conferencing

Wednesday 13 April

Out of Zone Ballot Closes 12pm

KIVA Workshop

*(Students may leave school
at 1:15pm on this day.*

*Students unable to get home
will be supervised at school.*

Buses will run as normal.)

Thursday 14 April

River Group & Service Photos

One Autumn Night Concert

Friday 15 April

Last day of term

Monday 25 April

Dawn Service at College

Monday 2 May

Term 2 starts



Bullying is an issue for all schools and what is needed is a deliberate approach to the reduction of bullying incidents.

On Wednesday 13 April, all staff will participate in a KIVA training workshop. To enable that to happen, students may leave at 1:15pm if they can get a ride home (note change of time from e Bulletin). For those who cannot, supervision will be provided at school and buses will run as normal.

Senior students and a number of local primary schools are also participating in the training workshop.

Restoration Project "Give a Little": This is a Student Council initiative, led by student leaders Brylie Gordon and Gus Barrier. The college has been donated the original Ngatea jail and Post Office. The intention is to restore and site these historical artefacts close to the Dog Box to form a small historical village.

The cost of restoring these buildings is estimated at \$12,000 so we are asking students to contribute in the form of a Give a Little appeal. Students have been issued with cards to do a job for \$20 to contribute to the project. Rather than students take time out of learning for a work day, we are asking that students use the River Conference Friday, the Wednesday KIVA training time or weekends to find a job to give a little.

They say it takes a whole village to raise a child and the common theme through all these initiatives is community support. A huge thank you to everyone involved from within our school and local community.

Ngaire Harris

PRINCIPAL

2:12 Awards

Alix Davies	<i>Employment</i>	Hannah Cryer	<i>Science</i>	Noah Gribben	<i>D&V Comm.</i>
Alix Davies	<i>OPC</i>	Jessica Fitness	<i>Social Studies</i>	Olivia Adams	<i>Social Studies</i>
Bailey Morrison	<i>Science</i>	Jessica Fitness	<i>Science</i>	Paige Anderson	<i>Leadership</i>
Brayden Palethorp	<i>History</i>	Jessie Brown	<i>Social Studies</i>	Rebecca Douglas	<i>Science</i>
Bryn Simpson	<i>Social Studies</i>	Joel Brock	<i>Filming</i>	Rebecca Muller	<i>History</i>
Caitlin McGaffin	<i>Science</i>	Joel Ross	<i>Maori</i>	Rebecca Rees	<i>Social Studies</i>
Caleb Phipps	<i>Gateway</i>	Kayla Bull	<i>Science</i>	Samantha Olsen	<i>Science</i>
Chiaki Yamamoto	<i>Chess</i>	K-Lianne Pomana-Reti	<i>Dance</i>	Savanah McKenzie	<i>Science</i>
Connor Howard	<i>Science</i>	Lewis Horder	<i>English</i>	Selena Douglas	<i>Social Studies</i>
Corbyn Patterson	<i>Social Studies</i>	Libby Morton	<i>Science</i>	Selena Douglas	<i>Mathematics</i>
Corbyn Patterson	<i>Science</i>	Liam Holtham	<i>Maori</i>	Shontelle Aitchison	<i>Science</i>
Cullen Reeve	<i>Maori</i>	Maria Tibby	<i>Social Studies</i>	Taylah Henderson	<i>Dance</i>
Cyrus Paynter	<i>English</i>	Maxwell Kelly	<i>English</i>	Thomas Hayward	<i>Primary Ind.</i>
David Wells	<i>River</i>	Natasha Forsyth-Lees	<i>Social Studies</i>	Travis Nicholson	<i>Science</i>
Ethan McCabe	<i>Science</i>	Nicholas Moore	<i>English</i>		
Ezra de Laborde	<i>English</i>	Nikki Church	<i>English</i>		

HAURAKI PLAINS MOTORS LTD

1 Pipiroa Road NGATEA

Ph. 07 867 7021 Fax 07 867 7023

'Call in and see our friendly staff for all your farming needs'



Mates and Dates

PARENT EVENING:

Information about Mates and Dates

We are holding an information evening about this programme for parents on Tuesday 5 May, 6pm in the Hub.

HPC has been selected to participate in a new ACC school-based healthy relationships programme called Mates and Dates.

ACC has developed Mates and Dates to help to educate about keeping themselves safe and to prevent dating and sexual violence. This is important given that 20% of female and 9% of male secondary school students in NZ report unwanted sexual contact or being made to do unwanted sexual things.

Working directly with young people is one of the most effective ways preventing sexual violence. It equips them with the relationship skills and behaviours they can carry with them throughout their lives.

ACC has worked with the Ministry of Education to ensure the programme aligns with the curriculum, and has worked with an expert advisory group to develop the content. The programme will be taught by a trained specialist sexual violence prevention facilitator over five 50 minute sessions.

Mates and Dates will teach students how to have healthy relationships built on respect, negotiation and consent. It will teach them how to identify inappropriate behaviour and how to get help if they, or someone they know, are in an unhealthy relationship including how to safely intervene in situations that could lead to harm. The programme is not a sex education programme but will include materials and discussions about sexual and relationship violence, consent, dating, relationships, pornography and other related subject matter.

Initially the programme is being offered to **Year 11** students beginning week one of next term. Attendance in the programme and taking part in the evaluation are not compulsory although as a school we have reviewed the materials which will be used and are satisfied that this will be a worthwhile programme. A letter will be coming home to all Year 11 parents for consent to attend the programme and participate in the evaluation of it. If a parent does not want their child to participate in the programme, the student will be supervised during this time.

Wednesday 13 April

Professional development

(KIVA) workshop for staff.

Students may leave at 1:15pm

if they have transport home.

Buses will run as normal.

STAFFING NEWS:

Welcome to Mr Cliffe Wilcocks who has joined the Learning Support Department.

At the end of term, we farewell Ken and Lynley Robertson. Ken has been an integral part of the Primary Industries department and has contributed considerable skills and expertise to this growing area.

He has also supported Outdoor Education tramps and camps. Lynley has worked in the front office and is now doing teacher training. All the best for your futures and thank you for your contribution to HPC.

FOR ALL LEGAL ADVICE

Graham O'Brien / Partner

Email: gobrien@insightlegal.co.nz

Phone: 07 867 7014

Council Building, Ngatea / PO BOX 77, Ngatea





Guidance

DRINKING AND TEENS

Adolescence is the period of transition from the dependence of childhood to the independence of adulthood. The adolescent brain is biologically different from an adult brain—not just an adult brain with fewer miles on the clock but a work in progress with important parts seeming to be ‘closed for construction’.

The limbic areas of the brain which are thought to regulate emotions and are associated with sensation seeking are turned on around puberty, but the parts for exercising judgement, impulse control and self-regulation, for example are still maturing throughout adolescence, probably into the early 20s for girls and mid-20s for boys—like buying a high-powered car but being told that the brake pedal won't be useable for quite some time.

Additionally, adolescent sensitivity to rewards appears to be different from both children and adults, prompting them to seek higher levels of novelty and stimulation to achieve the same feeling of pleasure.

Hence, it is no surprise that this time of life can include experimentation for many adolescents. Teenage Drinking is one example of this experimentation and possibly an example of seeking stimulation. Most New Zealanders start drinking during their teenage years. By the time they are 20 years old only 5% of people will not drink alcohol (95% do).

The Law for under-age drinking states that “parents or guardians must give consent for minors to drink. It is a criminal offence, with \$2000 penalty, to supply alcohol to under-agers without such consent”. Teenage parties which include alcohol often have a small number of adults supplying the alcohol. Many would be acting in an unlawful manner under this legislation.

Besides legal concerns, there are many problems associated with teenage drinking. There is consistent evidence to

suggest that a substantial number of New Zealand young people engage in heavy drinking including hazardous drinking, alcohol abuse and alcohol dependence. Over a third of young people engage in binge drinking or hazardous drinking and by the age of 25 over 20% (1 in every 5) will have developed a significant alcohol related problem. The misuse of alcohol by young people has been associated with increased risks of a number of adverse outcomes including: motor vehicle collisions, injuries and deaths, crime, violence, sexual risk taking, mental health problems and victimisation.

One in ten teens have a regrettable sexual experience related to alcohol consumption. One in five injure themselves while drunk. And the earlier our kids start drinking, the greater the risk of alcohol problems throughout their lives. Alcohol will impact on the brain development of adolescents up to their mid- 20s; and possibly will cause permanent damage.

Regular alcohol use in children and young people affects short-term memory and can interfere with their physical, intellectual and emotional development. Alcohol consumption is linked to New Zealand's high rate of unplanned adolescent pregnancies—second highest in the developed world. Alcohol is also linked to the high spread of sexually transmitted diseases among adolescents.

Mental health disorders like depression and suicidal behaviour, antisocial personality, conduct disorder and academic underachievement all have links with alcohol misuse. The brain of a chronic drinker has to “work harder” to keep things in mind, like remembering a phone number. The young brain can compensate for subtle alcohol-related disturbances by working harder. However, if the drinking continues, by young adulthood the brain may not be able to compensate effectively, and performance of the brain will decline.

New Zealand teenage drinking statistics are shocking. This has been linked to cultural and parenting attitudes and approaches. It also is linked to the reduced sensitivity of adolescence to signs of too much alcohol consumption. Teenage drinkers will not 'feel' or experience some symptoms that adults do warning them that they have drunk too much. Hence the teenager therefore believes that they are fine and can continue drinking. There is often pride associated with 'being able to handle it'.

A 2011 New Zealand study showed the following statistics:

- 60.6% of students (aged 13-18) are current drinkers
- Over 50% of 14 year olds say that they currently drink
- 34.3% of all students had engaged in binge drinking in the previous 4 weeks
- 46.1% reported usually drinking 5+ per session

Parental Views: Harm Minimization or Zero Tolerance

Parents are subjected to many and often contradictory messages about how they should parent. With regard to alcohol 2 prevalent viewpoints dominate: Harm Minimization and Zero Tolerance.

Harm Minimization accepts that alcohol is part of a normal adolescent development and that parents should supervise their children's use to encourage responsible drinking. Zero-tolerance, on the other hand, suggests that all underage alcohol use should be discouraged.

McMorris et al (2011) studied whether adult-supervised alcohol use is a risk factor, or a protective factor for harmful alcohol use. The findings will shock some. Adult-supervised settings for alcohol use resulted in higher levels of harmful alcohol consequences. These findings challenge the harm-minimization position that supervised alcohol use or early-age use will reduce the development of alcohol problems.

In conclusion the evidence is rapidly accumulating that alcohol affects the developing brains of adolescents and affects them differently than adults. There are links to adult alcohol dependence and misuse from teenage drinking. Mental health issues including depression and suicide often have a link to alcohol use. Sexual health, sexual abuse and STI's amongst adolescents have a link to alcohol use. Of course, alcohol hasn't just started affecting the brains of adolescents—it has done so through history—but now we understand the potential harm more completely.

If you are worried about your son or daughters' alcohol use please feel free to contact Mr. Henry, School Counsellor.

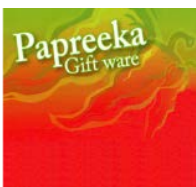
Statistics and references aforementioned derived from: NZ Police, Youth 2007 Ministry of Social Development, The Australian Secondary Students' Alcohol and Drug Survey, Otago University research, Brainwave: The adolescent brain and alcohol.

Scott Henry, School Counsellor
scotth@haurakiplains.school.nz

ANZAC DAY

Dawn Service, 6am, at the college grounds.

Assemble at the Dog Box.



Papreeka Gift ware

Main Street, Ngatea

Phone: 07 867 7990

Mobile: 029 277 1964

Email: pembroke@wave.co.nz



Careers Notices

A recent course on 21st Century careers, highlighted a number of interesting points:

1. This is the Net generation – they want freedom in everything they do; they love to customise and personalise; they want entertainment and play in their work, education and social life; they collaborate and have many relationships (especially via social media); and they have a need for speed in all they do. (*Don Tapscott – Growing Up Digital*)
2. It is estimated that most of this generation will have 10 – 14 jobs by the time they are 38; the top 10 jobs in demand currently did not exist in 2004 (e.g. IOS and android developer, cloud service specialist, data scientist, big data architect, social media intern, digital marketing manager); and students are currently preparing for jobs that do not exist using technology that has not yet been invented. (<https://www.youtube.com/watch?v=XrJfDUzD7M>)

UP COMING

CAREERS EVENTS:

Monday 11 – Tuesday 12 April

Gateway Workplace Safety Course

Thursday 14 April

Nursing Day, Thames Hospital

University of Waikato Liaison Visit,

1:30pm Careers Centre

In school, career opportunities have been many and varied during Term 1, including:

Liaison visits from: AUT, Otago & Auckland Universities; driving and Workplace Safety courses for Gateway students; and Year 13 career interviews.

Year 13 students have been given a wide range of information regarding University Entrance requirements, scholarship opportunities and databases, loans and allowances, CV's, and accommodation applications for next year, to name a few.

Early next term a checklist will go out to all Year 12 and Year 13 students covering all of the above information, with deadlines, as well as other important stages and information to assist with a smooth transition from School to tertiary education or employment in 2017.



DreamCatcher's focus is to empower New Zealand's youth by giving them the tools, extensive ideas, contacts and structure for their thoughts to make informed decisions to foster ownership of their future. It allows students and parents to share their career planning journey to add value to many students in a timely and effective way. DreamCatcher can assist with:

- Providing a clear structure and links to all tertiary providers in New Zealand for students and parents to explore career possibilities, ensuring students are clear about entry criteria and possible outcomes.
- Bridging the gap between students, parents and schools through our comprehensive communication system and provision for access to career tools.
- DreamCatcher works extensively with occupation data from CareerNZ including skills, qualities, subjects recommended and chances of getting employment in this area.

Focus on Year 13

Year 13 is an important year for students as they make plans for their futures. We are intending to hold an evening for Year 13 parents and students to go over a number of important aspects such as applying for scholarships and obtaining student allowances for tertiary study.

Below is a checklist for things that Year 13s need to be mindful of over the next few months:

Year 13 Pathway Planning Checklist

- ☐ CV Completed
- ☐ 2015 NZQA Results (hard copy) obtained
- ☐ University Entrance Entry on track
 - ☐ UE Literacy / Numeracy
 - ☐ 3 approved subjects x 14 credits
 - ☐ Level 3 NCEA
- ☐ Course Entry requirements on track
 - ☐ Rank Score requirements
 - ☐ School Subjects
 - ☐ Portfolio / Interview
- ☐ Scholarships
 - ☐ Computer Programme completed
 - ☐ References arranged / gathered
 - ☐ Verified copies of Level 2 Results
 - ☐ Applications lodged (Term 2)
- ☐ Information / Documentation collected
 - ☐ IRD Number
 - ☐ Bank Account number
 - ☐ Birth Certificate (verified copies)
 - ☐ Proof of Address
- ☐ Tertiary Accommodation
 - ☐ School Confidential Reference requested
 - ☐ Halls of Residence online Application lodged (Term 3)
- ☐ 2016 Course Planning
 - ☐ University Course Planning Interviews (Terms 3&4)
 - ☐ Course online application lodged
- ☐ Studylink (Student Allowance / Loan)
 - ☐ School Studylink Workshop (Term 4)
 - ☐ Studylink online application lodged

Mark S Murdock

Branch Manager

422 Pollen Street PO Box 255, Thames

P: 07 901 0800 F: 07 867 9098 M: 0276 006 747 E: mark.murdock@rabobank.co.nz





Sports Update

ATHLETICS: HPC

Junior Girls Track Champion	Maia Watene	Int. Boys Track Champion	Lewis Goldby
Junior Girls Field Champion	Bailey Morrison	Int. Boys Field Champion	William Gasson
Junior Boys Track Champion	Liam Tully	Senior Girls Track Champion	Brylie Gordon
Junior Boys Field Champion	Lyrehs Murray	Senior Girls Field Champion	Caitlin Shea
Int. Girls Track Champions	Sophie Mischefski & Stella Clayton-Greene	Senior Boys Track Champion	Gus Barrier
		Senior Boys Field Champion	Cameron Elliott

Record broken: Congratulations to Stella Clayton-Greene who broke the Intermediate Girls 1500m in a time of 5.25.1.

ATHLETICS: TVSS

Junior Girls:

Anna McCowatt	800m 2 nd , 1500m 1 st
Lily Maitland	3000m 1 st , 1500m 3 rd
Maia Watene	300m 2 nd
Ellie Meale	High Jump 3 rd

Intermediate Girls:

Sophie Mischefski	200m 2 nd , 400m 2 nd
Amy Crabb	400m 3 rd
Justize Thompson	Shot Put 2 nd

Senior Girls:

Samantha Leuthart-Thompson	200m 3 rd
Gemma Hansen	400m 3 rd

Para Athletes:

Henry Stilwell	200m 2 nd
----------------	----------------------

Junior Boys:

Liam Tully	800m 1 st , 300m 3 rd
Joel Clayton-Greene	3000m 3 rd
Ben Pearce-Chapman	1500m 3 rd
Taran Ainsworth	100m 3 rd
Jacob Lowe	Shot Put 2 nd
Lyrehs Murray	Discus 2 nd
Joshua Barker	Javelin 3 rd

Intermediate Boys:

Robert Gordon	800m 3 rd , 1500m 2 nd
Lewis Goldby	200m 3 rd , 100m 3 rd
Xavier McIntosh	400m 2 nd
William Gasson	Discus 3 rd
Connor Sears	Long Jump 2 nd
Hayden Turlington	High Jump 3 rd

Senior Boys:

Gus Barrier	800m 1 st , 3000m 2 nd
Ihaka Taka	Shot Put 2 nd
Cameron Elliott	Discus 1 st

Relay:

Intermediate Boys 4x100	Lewis Goldby
	Xavier McIntosh
	Aydan Goldby
	Vorn Einam

With all our points combined, Hauraki Plains College finished 3rd place overall. Superb effort.

Hayley Green

P: 07 868 8680 F: 07 868 8718 M: 021 543 019

E: hayley@pjolaw.co.nz

611 Mackay Street PO Box 31, Thames



ATHLETICS: W/BOP

Congratulations to those students who represented HPC at the Waikato / Bay of Plenty Secondary Schools Athletics Championships on Saturday 19th March. A team of 14 travelled to Porritt Stadium in Hamilton to compete against the top athletes in the Waikato and Bay of Plenty. Fantastic experience and well done to the following students who places.

Justize Thompson	Intermediate Girls Shot Put 3 rd Place Qualified and competed at North Island Secondary Schools Athletics Championships
Lewis Goldby	Intermediate Boys 200m 3 rd Place Qualified for North Island Secondary Schools Athletics Championships
Intermediate Boys	Team Relay 3 rd Place: Aydan Goldby, Lewis Goldby, Vorn Einam and Hayden Turlington.

BASKETBALL

Congratulations to **Eric Gruythuysen** who was selected for the NZ Koru U16 Development Team who travelled to Australia to play in the Koru Tour, well done Eric.

BMX

Congratulations to **Hannah Cryer** who competed at the NZ BMX Champs recently placing 3rd at this National event, fantastic result Hannah.

CRICKET

The cricket season for term one has drawn to a close. It is great to see cricket at Hauraki Plains is going from strength to strength. The girls played in a Northern Districts qualifying tournament and will have taken a lot from their experience. Thanks to Mrs Forsyth, Mr Jamieson and Mr Coxhead. The junior boys and 1st XI both finished 2nd in their divisions. Well done. Thanks to Dave Horder, Graeme Heaven and Mark Harris for their valuable coaching of the boys.

EQUESTRIAN

Congratulations to the Show Jumping team who competed at the Waikato Inter-Schools Show Jumping Champs, placing 8th, and the Thames Valley Secondary Schools Show Jumping Champs. Congratulations to Victoria Bridle for an overall 3rd placing.

FUTSAL

Two boys' teams represented HPC at the Waikato Secondary Schools Futsal Tournament on Thursday 17th March held in Hamilton. Well done to one team who finished 3rd place: Hugh Budge, Khyah Crooks, Zachary Douglas, Hayden Douglas, Brandon Lawley, Hayden Turlington and Duran Weaver-Smith.

KI-O-RAHI

Well done to the team for competing at the Waikato Secondary Schools Tournament and placing 4th in their pool and winning their cross over match.

MOTOX

Congratulations to Ben Broad who has racked up another NZ Title. Ben recently won the NZ Senior 125cc MotoX Championship wrapping it up at the fourth and final round. From 12 races, Ben achieved seven 1st places, four 2nd places and a 3rd place. Awesome results Ben.

Congratulations to past pupil Helena Gasson who has been selected to represent New Zealand in swimming at the Olympic Games in Rio.

Graham Sara

Sales Representative

8 Kelis Place, Hamilton

Cnr Paerata Rd & Comrie Pl, Pukekohe

P: 07 837 5184

P: 09 237 0043



www.agroquip.co.nz



SWIMMING: TVSS

Junior Boys:

Lewis Horder	50m Back 2 nd
Eddie Richards	100m IM 2 nd , 50m & 100m Breast
3 rd	
Max Heaven	100m Back 1 st

Intermediate Girls:

Ciara Duncan	50m & 100m Back 1 st
--------------	---------------------------------

Senior Girls:

Sian Teulon	50m Fly 2 nd
-------------	-------------------------

Intermediate Boys:

Joshua Pou	50m Breast 3 rd
------------	----------------------------

Para Athletes:

Henry Stilwell	25m Free & Back 2 nd
Caleb Dowty	25m Free & Back 3 rd

Relays:

Junior Boys 3rd Freestyle & Medley: Lyrehs Murray, Lewis Horder, Jason Barker, Eddie Richards.
Intermediate Boys 3rd Freestyle: Luke Knudsen, William Gasson, Joshua Pou, Xavier McIntosh.

SPORTS DATES – TERM 2

May

Waikato Inter-Collegiate Golf Teams	9th
Taupo Clay Target Shoot	12th
Waikato Inter-Collegiate Golf Champs	16th
Waikato BOP Road Cycling Champs	8th
HPC Cross Country	18th
TVSS Cross Country (reserve 1st June)	13th
Senior Get 2 Go Series	26th
TVSS Golf – Round 2	27th

June

Waikato SS Cross Country	7th
Waikato BOP Teams Duathlon	8th
Waikato Gymsports Champs	8th
Boulton Cup (reserve 16th)	14th
Matamata Clay Target Shoot	16th
NZSS Cross Country	18th
Nationals Schools Cross Country Relay	19th
Waikato BOP Duathlon	22nd
Te Kuiti Sports Exchange – HPC	23rd

July

TVSS Golf – Round 3	1st
Mahurangi Sports Exchange – Away	5th-6th
Hamilton Boys Clay Target Shoot	8th
NISS Shooting Champs	9th

With all out points combined, overall HPC finished in 4th place out of a total 12 schools. Superb effort, well done. A big thank you to Rebecca Rangiuia for your help on the day, much appreciated.

ROWING

Well done to a rowing team of 47 rowers who competed recently in the North Island Rowing Championships. Of 49 events, the Hauraki cres made 14 A finals. Congratulations to the following crews:

Girls U18 Single	Gold medal	Brylie Gordon
Girls U18 Double	Gold medal	Brylie Gordon and Panasse van Laren
Girls U16 Single	Bronze medal	Stella Clayton-Greene
Girls U16 Double	Silver medal	Stella Clayton-Greene and Sophie Mischefski
Girls U16 Quad	Gold medal	Stella Clayton-Greene, Zoe Johnston, Sophie Mischefski, Gabrielle Leonard-Hansby and Annabelle Prescott
Boys U17 Quad	Bronze medal	Owen Gruythuysen, Scott McDermott, Marc McDermott, Declan Tully & Annabelle Prescott

TENNIS

Congratulations to **Megan Goodwin** and **Seira Tabata** who competed at the Waikato Secondary Schools Tennis Championships on Wednesday 17th February in Hamilton. Seira and Megan are the Intermediate Girls Doubles Champs, outstanding results, well done.

On Tuesday 5th April a team represented HPC at the annual Thames Valley Secondary Schools Tennis Championships. Students competed in the heat at the Paeroa Tennis Club in Singles or Doubles events, with some great results from this team.

Senior Girls Doubles:	Megan Goodwin & Seira Tabata	1 st Place
Junior Boys Singles:	George Wright	3 rd Place
Intermediate Boys Singles:	Carson Shea	2 nd Place
Senior Boys Singles:	William Park	3 rd Place
Senior Boys Doubles:	Isaac Heron & Daniel Flynn	2 nd Place

TOUCH

Congratulations to **Keegan Harris** who has a double selection. Keegan has been selected for the NZ U18 High Performance Touch Squad and he has also been selected for the Chiefs Rugby Talent Development Programme. Exciting news Keegan. Well done.

Well done to the Junior Boys and Senior Mixed team who both finished 3rd place in their grades of the Thames Valley Secondary Schools Touch Tournament. Again Paeroa proved to be too strong, winning two of the three finals and retaining the trophy for 2016. Thank you to Daniel Harris, Alan Ballantine and Gordon Findlay for all your involvement with these teams.

TRIATHLON

A team of 20 represented HPC at Cooks Beach for the annual TVSS Triathlon. Thank you to Richard Trousdale for your assistance on the day. The results were:

Intermediate Girls Individual:	2 nd Place	Talia Siddins
Intermediate Girls Teams:	1 st Place	Ciara Duncan, Charlotte Horder, Hope Duggan
	3 rd Place	Rachel Broadbent, Yvonne Schouten, Kennidy Jenkins
Intermediate Boys Teams:	1 st Place	Josh Pou, William Gasson, Blake Baverstock
	2 nd Place	Cole Stephenson, Luke McDuff
	3 rd Place	Duran Weaver-Smith, Campbell Trousdale, Luke Duggan

Two teams represented HPC at the Waikato Secondary Schools Team Triathlon Champs at Lake Karapiro. Congratulations to these students on your results at this elite event. Results were:

U19 Mixed	1 st Place	Brayden Palethorpe, Gemma Hansen, Gus Barrier
U16 Boys	6 th Place	Eddie Richards, Logan Bustard, Brayden Malloy

WAKA AMA

On 12 March a Senior Girls team represented HPC at the Waikato Secondary Schools Waka Ama Regionals in Te Awamutu. Congratulations to this team, **Frances-Rose Ross, Quesharna Tai** and **Stephanie Morrison** on their placings.

Results were:

- 1st Place – U19 Girls W6 250 – Plate Final
- 4th Place – U19 Girls W6 500 – Champ Final

WOOD CHOPPING

Congratulations to **Micheal Trow** who competed at the Sydney Royal Easter Show and placed 3rd in his events. Well done.



Peter Marshall

Natalie Rangihika

We provide a NZVA "Best Practice" accredited, comprehensive veterinary service for all farm animals and pets.



87 Orchard Road, Ngatea 07 867 7056



RAISING AWARENESS: Danger of Nutritional Supplements or Sports Doping

Concerning reports and data relating to supplement use by students in NZ school sport, along with alarming international trends in youth sports, doping prompted a number of organisations to band together to provide some guidelines for principals, coaches, students and parents.

A 2014 pilot study conducted by University of Otago on behalf of Drug Free SportNZ across 142 1st XV rugby players showed an alarming use of supplements including:

- 71% use supplements either daily, weekly or monthly.
- 20% feel they are "at risk" of using banned substances.
- 90% were concerned about the safety of supplement products
- Only 20% reported receiving information about banned drugs
- 50% would not report teammates or opposition members who were doping.

In addition, the survey showed that general attitudes in this NZ group to "sports doping" were consistent with peers in the international setting.

A recent UK study of "nutritional supplements" chosen because they appeared to contain anabolic agents due to the name of the product, the ingredients listed, or the nature of their advertising found that 23 of the 24 products tested contained anabolic steroids.

The sporting environment will continue to change rapidly. Just as the way we prepare our top school sportspeople is becoming more physically demanding, so the pressures on those young people are approaching semi-professional levels. It is important that young sportspeople do not resort to or succumb to the pressure of supplement use and doping.

Renee Norman, Regional Sport Director

SPORTS CODE OF CONDUCT

With winter sports getting into action, all students will receive a letter early next term, with a parent consent form and the code of conduct which students are expected to adhere to for sporting and cultural activities.

Have fun and remember the Hauraki Way applies at all times

Arrive on time and ready to go

Use appropriate language at all times

Respect the opposition as well as each other

Alcohol, smoking, drugs and put downs are not on

Keep within the rules; play hard but play fair

Instructions of the coach, manager and referee must be followed; they are in charge.

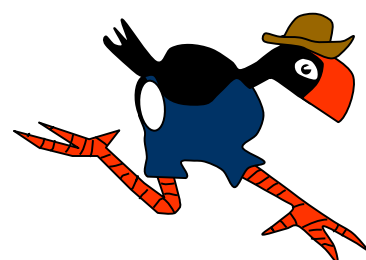
Wear our team uniform with pride*

And

You are expected to be a good sport i.e. a gracious winner and a dignified loser

Note that: Students may be stood down from a team or game through:

- Unsatisfactory attendance (below 90%)
- Ongoing behavioural concerns at school
- Serious discipline breach which results in stand down or suspension
- Lack of commitment and progress in classroom learning





Hauraki Plains College



Student Council Restoration Project



The \$20 Give a Little Challenge

The HPC Student Council is aiming to restore the old Ngatea Post office and original jail which have been generously offered to the college to sit alongside the Dog Box to form a small historical village.

The cost of the project is estimated at \$12,000.

We are not asking for a handout. Rather we are calling on each student to give a little through doing a job for a parent, neighbour or local business. If each student can contribute \$20, we will cover the costs of restoration.

We appreciate your support in this project.

Please contact the college main office (07 867 7029) if you have any jobs.

Hauraki Plains College

Adult Community Education Night Classes

Classes beginning Term 2, 16th May at Hauraki Plains College!

Bookclub

Wholefood Cooking

Computing

Patchwork & Quilting

Kickfit Circuit

If you have any queries:

Mary Aislabie

marya@haurakiplains.school.nz

07 867 7029

Ngatea Stationery & Post Shop

Phone: 07 867 7440

SAVING - the best way to get things you want and need - JOIN KIWIBANK TODAY

See us for your stationery, magazine and card requirements



Cultural Update

ONE AUTUMN NIGHT

The concert will feature performances from all senior music students. There will be a variety of Musical styles on offer and a mix of original songs and covers of popular artists.

There is a high standard of performances on offer this year. If the weather is looking wet we will be having the concert in the hall. It would be great to have a good sized audience so come along and support our senior Music students.

AUCKLAND ARTS FESTIVAL

On Sunday 13th March the Year 11,12 and 13 Art Champs went to the Auckland Arts Festival as volunteers to help run art activities on Family day. The students worked with professional artists to help with a variety of activities such as woodblock printing, Rangoli and photography.

Each of the Art champs received a written reference and the organiser wrote a glowing email about the students behaviour and attitude to the work at hand. The students had a fantastic day and came back with lots of ideas, the biggest of which was that HPC needs its own Arts Festival....so watch this space!!!



CHESS

The Term One chess tournament has gone well with just a couple of games to go before we have our term winner.

Coming up next term on Wednesday 18 May, HPC is hosting the Inter-school Chess Tournament. At this stage we have 30 players enrolled which means there is room for more. A big thank you to our sponsor who is paying the \$15 entry per student.

These games are played so that we can take a team to the Nationals at the end of the year which is always an experience. Chess Power run the event in The Hub. They can be found on this web address: team

Please spread the word all schools are invited to play and can register on their web page. Never judge a book by its cover would be the rule. Some of the primary school aged children are amazing players – this is all about learning and getting better at chess.

Ron Agnew Driving Instructor

Car, Motorcycle, Truck & Trailer, Bus & Taxi Endorsements

Ph. / Fax: 07 868 6888

Cell: 0274 588 200

Email: agnewdriving1@yahoo.co.nz



Parent Page

BOT NEWS

With the resignation of Mr John Van Bysterveldt from the Board of Trustees, Mr Martin Hughes and Mr Jeff Gordon have been co-opted on to the board.

New board elections are to be held this year.

Nominations open Friday 6 May and close Friday 20 May. Voting papers sent by Wednesday 25 May.

Voting closes Friday 3 June.

For more details contact the Returning Officer
exec@haurakiplains.school.nz



Hauraki Plains College

Out of Zone Ballot Closes Wednesday 13 April at Midday

A reminder that out of zone families who already have children at HPC are not automatically enrolled and must submit an enrolment form before the ballot.

UNIFORM NEWS:



The college uniform is now being sold from Ngatea Hammer Hardware. Hours are 8am to 5pm week days and 8:30am to 3pm weekends. Management will request that school bags are left at the counter while students are purchasing uniform.

We are now in a period of change over from summer to winter uniform (not a combination such as socks with sandals or scarves with summer uniform). Students must be in correct winter uniform by **Monday 16 May**.

Winter shoes must be low heeled, black leather lace up standard school shoes. Shoes must be clean.

Boys uniform: Year 9 and 10 boys may wear long grey winter or short trousers with their summer shirts. Year 12 boys, may wear either short or long grey trousers, but if wearing long trousers must wear the new school tie and the shirt must be tucked in.

Students are required to have long hair tied back during class, assemblies and other formal occasions.

Jackets are an outside garment for extra warmth and are not to be worn inside.



Community Notices



Co-Op Market Day

A Hauraki Plains Co-operating Parish initiative

Saturday 21st May 9am-1pm

Spaces in church grounds and hall available for stallholders

Enquiries phone Min 8678466

hpcp@xtra.co.nz



Waikato Regional Council's biosecurity group advises that it will be carrying out herbicide spraying of Manchurian wild rice under resource consent number 124871.

Gun and hose spraying from boat will take place on the Waihou River at Turura from Friday 8 April to Monday 11 April 2016, weather permitting. The herbicide to be used is haloxyfop.

For more information please contact Richard Gribble on Freephone 0800 800 401.

the knights are gathered on the round table,
witches are gathered on the Brocken,
the spells are cast ready,
heads will come off

Kaihere Home and School

would like to invite you to gather a group together
for our

medieval cryptic feast

to celebrate

WALPURGIS NIGHT

Upon registration you will receive "the menu" you then have until 25th April to decipher the codes.

If you are able to uncode the menu then you are in for a **delicious 5 course banquet** if not then be prepared for a feast like you have never had before!!!

30th April 2016 Kaihere Hall \$40.00 per person

BYO Drinks Prizes for Best Dressed Doors open at 6pm
Free witches cocktail on arrival

Please be seated ready to be served at 7.00 pm

To register please phone/text
Rosie on 027-820-8304 or Michelle on 021-237-9122

If you drink too much potion we will have a spare broomstick to deliver you home

So who will be proven innocent and who will be found guilty of witchery.....

BADMINTON

Badminton will be starting at the beginning of Term 2 on Tuesdays and Thursdays at lunch time and after school from 3:45pm – 5:30pm.

Lunchtimes are free and students are welcome to come and play.

Racquets are available.

The "after school" sessions have a total cost of \$20 attached (For Terms 2 & 3) to help pay for shuttles and replacement racquets.

All students are welcome to attend.



Hauraki Plains College

Business Studies update - special thanks to Mark Kyd of Farmsource, Ngatea for coming in and speaking to our students on how Farm Source manages its credit customers.

We are always on the lookout for individuals or businesses who are keen to come in and talk to our Business Studies/Accounting students.

If interested, please contact Donald Beer (Accounting teacher) on email: donaldb@haurakiplains.school.nz