



e-Bulletin

20 October 2017

- **Welcome to new staff:** This week we welcomed Mr Inia Daymond who has joined our Senior Leadership Team at HPC as Deputy Principal. Mr Daymond comes from Mountain View High School in Timaru.
We also welcome Whaea Carrie Taipari to our teaching staff.
- **Inter-hapu school spirit afternoon:** Thanks to Year 13s for a great Inter-hapu day to finish off exam week. Well done also to students who got into the spirit of this and had lots of fun and friendly competition.
- **Preliminary exams:** a hard week for senior students to come back to school for exams this past week. Teachers are working hard to return exam scripts by Tuesday of next week so that students have time to use the feedback as they prepare for externals.
- **Sports Prizegiving:** our annual Sports Prizegiving is Thursday 26 October at 7:00pm. All students receiving awards will have received an invitation. Number ones to be worn or summer uniform. All welcome.
- **Last day for Seniors:** The last day for seniors who have completed their NCEA qualification and who do not have external exams is Wednesday 1 November. Students who have not completed their qualification will need to continue at school. The last formal day of teaching for students who have external exams is Friday 3 November although tutorials are offered for these students in negotiation with the teacher.
- **Senior Academic Prizegiving:** Friday 3 November 7pm in college hall.
- **Out of zone information evening:** this takes place on Tuesday 24 October 7pm in the college hall. The 2018 out of zone ballot closes midday Wednesday 1 November.
- **Basketball Prizegiving:** Monday 23 October ????? in the Centennial Centre.

Enjoy the long weekend.

Ngaire Harris
PRINCIPAL





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Tips for students studying for exams

1. **Lean into the challenge:** When facing a challenge, we have three options - run away, admire it by talking endlessly about it but not actually doing anything or leaning into the challenge by making studying the priority. It has to come before everything else. That includes cell phone, computer, friends and ports. Study comes first. It is your job right now.



2. **When you are studying, you must write.** Reading isn't enough. In an exam you have to write your answers down so practising writing is really important. Write down what you are looking at. Cover the page and write down what you remember. Rewrite your notes. Write down the bits you find trickiest. Write! And keep on writing. Remember, the more you write the better you will write in exams. And the more you will remember.

3. **Make the most of time in class and with your teachers.** Talk about what you are studying. Talk about key points. Ask questions. Practise test questions and old exam papers. Brainstorm. Discuss your answers. Share model answers. Take notes! When you are chatting online or in person with classmates, focus on study. What are they doing? What have they learned? What is working for them? What do they think will come up in the exam? How would they answer it? Where are they getting stuck? The more you all focus on studying, the better you will all do. You owe this kind of focus to your friends and you owe it to yourself.

4. **Take a break.** Yes, you must take breaks, get some exercise, drink water, eat properly and get enough sleep. But all of these are important because of your priority – study! You need a healthy mind and body to study well. This is your life right now.

5. **Keep your eye on the prize.** Keep reminding yourself about what you want to achieve in your life and the future that a good qualification will open up for you. There's also the feeling of finishing the year well, knowing that nothing great is easily won.

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