

SPORTS @ HPC

1 May 2019

Dear Parents / Caregiver
Kia ora Koutou

Congratulations to the following;

- Hannah Cryer who competed at the NZ BMX Nationals held over Easter weekend at East City BMX Club. Hannah came 4th in the Women's 17-24 20' class.
- Cody Macdonald who was selected to represent NZ at the World Championships for Taekwondo held in Germany. Cody placed 4th individually overall in Special Techniques and the Junior Boys Specialty Team won Gold. A Jump off for first place was between Poland & NZ with Cody giving the winning jump. Awesome Cody!!
- Bailey Morrison who has been selected for the North Island Secondary Schools Rowing Crew in both Double and Quad.
- The HPC Shooting Team who competed at the Hauraki Plains College Shoot at the Thames Club. Brady Coldicutt was H.O.A (Highest Overall) with 90 out of 90
Girls Individual: 1st - Lauryn Bond, 3rd - Katrina Bond
Girls Team: 1st - Lauryn & Katrina Bond.
Mixed Team: 1st - Brady Coldicutt & Lauryn Bond.
- The HPC MX Team coming home 2nd from 41 teams at the Schools X-Country in the Maramarua Forestry with Power Adventures.
Top three riders of the day were Logan Humphrey, Luke Hill and Massey Tohaia.
Individual trophies went to Logan Humphrey, Massey Tohaia, Luke Hill, Regan Evans and Ewen Wright.
- Finally congratulations to Helena Challis and Rebekah Williams who have been selected as import players for a Canadian University Women's Basketball Team.

Fitness Trainings: Will continue for the next two weeks 3rd and 10th May for those players who have been selected in first teams. These will take place on the school field 3:45 to 5pm. A roll will be taken. The expectation is that first team members are fit for the season ahead. Fitness tests will be held for all first team members several times over this term. Note that in order to attend tournament week, first teams are required to meet standards of fitness, skills and team culture.

Winter Codes: Trials and team selections have now been finalised. Students will each get a handout regarding expectations for the season ahead. First team members have additional responsibilities in terms of role modelling, fitness and commitment to their respective teams.

First team involvement in ANZAC Day: A big thank you to all who attended services.

Coming Up:

- Thames Valley SS Sevens Rugby - Sunday 5th May at HPC
- HPC Cross Country Champs - Tuesday 14th May
- Thames Valley SS Cross Country Champs - Tuesday 28th May
- Waikato School Road Cycling - Wednesday 29th May

Let us know: if your child has achieved something of note, please let us know. We want to both celebrate achievements and keep everyone informed of what's happening in sports@hpc.

HPC SPORTS EXECUTIVE



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