

Hauraki Plains College

Community Newsletter



Year 13 students dressing up for the office

Community Newsletter

Our Community Newsletter combines news from Hauraki Plains College, The Haurakians (past pupils and teachers) and the Haurakian Charitable Trust. If you would like to sponsor our newsletter email:



amandaf@haurakiplains.school.nz

Supporting Daffodil Day

For the last 30 years, Daffodil Day has been integral to the lives of people with cancer and their whānau. Held on the last Friday of August, the annual appeal is the Cancer Society's largest and most iconic fundraising event, involving thousands of volunteers and fundraisers across New Zealand. The daffodil is one of the first flowers of spring and represents the hope there is for the one in three people in New Zealand affected by cancer. Money raised from Daffodil Day helps to ensure that no one has to face cancer alone. From providing free support to people with cancer and funding research to helping Kiwis reduce their risk through education and advocacy, every dollar goes a long way to help people in our communities.

College Social Leaders, Oliver Marshall and Faith Ball, got in behind the fundraising effort to organise a mufti day with the theme of *Dressed for the Office*. "It was awesome to see some of the students dress up in their formal office wear, as it is quite the change from what most of us are used to wearing. From the mufti day we were able to raise over \$960 to donate to the Cancer Society."

The Daffodil Day fundraiser came just a month after Faith and Oliver ran a very successful blood drive, with almost 60 sign ups and about 50 successful donations made. "We were happy with the outcome as one donation saves up to three lives! It was also great to see parents and other adults from the community coming in to donate."

"Right now we are busy working towards Year 13 leavers events, including organising graduation dinner, leavers hoodies, and a spirit week. As of right now we have set the graduation theme as 'The Great Gatsby' to celebrate the roaring 20's, and have set the date for Friday 4th December. Our next step in the process of organising the graduation dinner will be to choose a menu and begin looking at decorations for the hall, as well as getting ball dancing lessons for the leavers. Leavers hoodies are all underway, as we've partnered up with Kukri for the designs and are happy with the quality we are getting from them. We have decided on doing two designs this year, giving the students an option between a rugby jersey or a normal hoodie, or both if they wish.

Lastly we are excited to announce that we will be having a Year 13 Spirit Week; each day of the week is a new dress up theme, where the Year 13 school leavers all come dressed up in fun costumes and outfits, as a fun way to finish our time at HPC.

We have both been loving our job as social leaders, it's really given us a lot of new opportunities and we have grown confident in our role in the school. We also really enjoy having a say in what happens at school and allowing the students to have some extra fun. We are excited to see what the rest of the year has in store for us!

Faith Ball and Oliver Marshall



Oliver Marshall and Faith Ball
HPC Social Leaders

**More
Than
A School**



Hauraki Plains College

Principal's Comment



There is nothing in the Education Act that requires teachers in State schools to give time to sporting and cultural activities outside the classroom. It does not take a rocket scientist, however, to appreciate the positive impact of these on the physical, mental, emotional and social wellbeing of young people. It

is also part of our drive to be *More Than a School*.

We rely on parent, whānau and community volunteers to be able to currently provide close to 30 different sporting codes, with 73% of students participating in a regular sport.

From within the school, the Board of Trustees has invested in four designated co-curricular positions including Arts Co-

ordinator, Sports Director, Sports Co-ordinator and Funding Co-ordinator. The Funding Co-ordinating position alone contributes over \$100,000 each year in sporting and cultural equipment and uniforms.

The recent census published by Sport Waikato is indicative of the school's efforts with more than 50% of HPC staff directly involved with sports as volunteers, while student participation is 20% above the national average.

Mary Lou Retton said, "A trophy carries dust. Memories last forever." Thanks to everyone from both within HPC and the community, past and present, who make great memories for young people through their contributions.

Ngaire Harris
PRINCIPAL

Sports in Schools 2020 Census

	% of Students Involved in sport	% of Girls Involved in sport	% of Boys Involved in sport	% of Staff Involved in sport
HPC	73%	67%	79%	51%
Regional Average	53%	49%	50%	25%
National Average	51%	47%	55%	29%



Board of Trustees Update

Recently the Board of Trustees and the Haurakian Charitable Trust met to go over what each party is doing in their respective spaces. It was acknowledged that the Trust continues to provide ongoing support for the school in the form of the Centennial Centre, the Lodge, No 11 Orchard Road and the Hayward Farm. This provides a very valuable support system around the school. The Trust in its time has also managed to move from a 200 cow farm to its existing 330 cow farm with an option to pick up the neighbouring block in the next couple of years. All these undertakings have been massive achievements for the Trust and ultimately will be of great benefit to education in the Hauraki area.

We discussed how the school has brought forward its review and planning on how we individualise learning for all our students. The experience from the COVID-19 delivery of education has given us confidence to review what subjects we are offering, how they can be delivered, as well as some thoughts on the design of learning spaces required. This gave the trustees an idea on where the college may in the future be asking for assistance.

The recent COVID-19 Alert levels brought with it many challenges around keeping our school community safe. The Ministry provided minimal guidance to schools that were affected whereby the school is in a Level 2 environment, but has student family members travelling in and out of the Level 3 Zone. We would like to thank everyone for their patience and understanding of our response taken during this time.

I would like to acknowledge that it has been a longer than normal school term. Some anxiety and stress levels for students and staff alike have been escalated within the last three weeks. The extra workloads of the teaching staff needs to be highlighted as they have been working with classroom and online teaching simultaneously.

The here and now is very different than anticipated.

Andrew Gordon
(BOT Chair)

Student Voice on the Board of Trustees

Year 12 student, Molly Smith Soppet is coming to the end of a two year stint as Student Representative on the HPC Board of Trustees. Student representatives are elected annually in September and sit on the Board of Trustees as a full member. Candidates for the position are required to speak to the whole school and then students elect their preferred candidate on formal voting papers. Student reps bring a unique student perspective to the table, and like other BOT members, are there to make good governance decisions on behalf of the whole school community.



Molly describes her experience: "I have been the Student Rep for two years now; I was first encouraged by Mr Green to get involved when I was in Year 9. I wasn't elected that year, but that didn't discourage me, I stood again the next year and was elected and then re-elected the following year. It has been an amazing opportunity to see the politics of running a school and all the behind the scenes work that the teachers, the Board and the Senior leadership team put in.

My advice for any student who wants to apply would be to just give it a crack and go in with an open mind because you meet so many amazing and kind people and learn to see the school in a different light. It has been an amazing 2 year experience and I would like to thank everyone who has been there and helped me along the way."

Parent Page

The Dopamine Fix

Without a doubt, information and communication technologies have transformed our lives. Whether watching television, working on a computer, playing video games or using a smart phone or tablet, screens are everywhere - in our pockets, purses, homes and workspaces. A 2010 study by the Kaiser Family Foundation found that 8 to 18 year-old children devote an average of 53 hours per week to screen time; this is outside of school and homework. Even kids between two and five years of age are spending around 32 hours a week in front of a screen.



Neuroscientists are studying the effects of social media on the brain and finding that positive interactions such as a text, someone liking your tweet, trigger the same kind of chemical reaction that is caused by gambling and recreational drugs. That chemical is called dopamine. In other words, social media in particular is highly addictive. Every time we check our cell phones or go onto Facebook, we are getting

a dopamine 'fix'. The call of the outdoors just can't compete with Facebook, Instagram, Snapchat and YouTube.

How much screen time is too much?

So the question is how much is too much when it comes to screen time? The general agreement is that two hours of screen time a day on social media sites, watching tv and playing video games is plenty. After that, it has the potential to impact on a person's wellbeing. The importance of limiting screen time is easier to understand when we appreciate that the whole day matters. As there is only so much time in a day, each hour spent in front of a screen means one hour less of an essential life and wellbeing activity.

So, if a teen spends all day scrolling on their phone and watching YouTube videos on their laptop, they are going to be less likely to move enough and less likely to get enough sleep. This can quickly lead to a vicious cycle, of poor sleep habits, less energy, lack of focus at school, and more likelihood of symptoms of depression and anxiety. In short, they're less healthy and less happy.

Support and advice for parents can be found on <https://www.netsafe.org.nz/parenttoolkit/>

Gateway to Flying



The HPC Gateway Programme provides senior students with the opportunity to experience a real world employment environment in a career direction of interest.

Recently Year 13 student, Olivia Adams, started a four week course at Ardmore Airport as part of a Gateway placement. Olivia describes her experience.

“The course ran every Wednesday for four weeks. It covered how an aircraft works, the history of aviation, the different aviation career training options, what the career progression will look like and also some vital initial pilot training such as how to navigate while flying and calculating the fuel speed. After learning all the many different things about aviation and flying we were assessed. We also had the chance to visit the control tower, the Auckland Aeroclub engineering workshop and also the World War 2 aircraft hangar at Warbirds.

At the end of the course I had the opportunity to fly twice. I flew one of the planes for an hour, with the pilot alongside me. This was an absolutely amazing experience. I still haven't done my second flight yet though due to bad weather and COVID-19.

After I finished the Aviation course at Auckland Aeroclub at Ardmore, I was keen to do more aviation gateway placements up at Ardmore. I have been lucky enough to work at Warbirds Association every Tuesday, up to COVID-

19. This would start at 10am and I would finish around 5pm. On the last Tuesday before Auckland went into lockdown, I had the opportunity to work with the WWI and WWII aircraft for the entire day. This was because there were 17 flights happening, so it was all hands on deck, moving the aircraft and helping sort out what people would go in each plane. I also had the opportunity to see the Westpac Rescue Helicopter base.

When the weather is good at weekends, I have been flying alongside a pilot who has shares in a De Havilland Chipmunk, which is an old air force trainer plane. On one particular weekend, I was able to work with the aircraft and then go for a flight from Ardmore out past Mercer, to the Firth of Thames, fly over Ngatea and then fly back to Ardmore along the Firth via Waiheke Island.

I chose to do Gateway at Ardmore because it was an awesome opportunity for me to get my foot into the door of the aviation industry and provide me with many opportunities. I enjoyed flying the aircraft, learning about the aviation industry and flying itself, meeting new people, and in particular, being able to fly in both the Chipmunk and the Cessna. After I leave Hauraki Plains College at the end of the year, I hope to join the Royal New Zealand Air Force and become a pilot with them, or I would like to attend Southern Wings Flying School where I would get my New Zealand Diploma in Aviation. My goal within the next year is to get my private pilot's licence. My life aviation goal is to become the most experienced female pilot in New Zealand with all the rankings.”



Olivia taking off from Ardmore Airport



Flying out over Miranda, heading towards Ngatea in the De Havilland Chipmunk



Farm News

Despite the wintry weather, students have been busy on the farm learning a variety of skills including tractor operation, using a chainsaw, working with a load and trailer, identifying and describing weeds and fencing.

Year 13 Business Studies students, have been using the farm as a source for an enterprise unit involving selling honey and food wax wraps under the label HP Bees. The food wraps have been made by using material scraps coated in bees wax from the farm hives.



Te Māngai Kōrero o Puhangateuru

Te Māngai Kōrero o Puhangateuru
Taonga Whakairo:



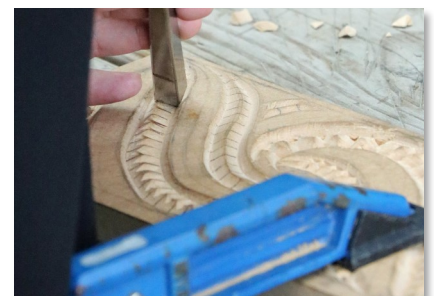
The following whakataukī speaks about the carver being the one that brings the meaning and understanding to their piece of work. It is their knowledge and connection to their tupuna that brings life to the creation of their art.

Whakataukī

Ehara i a te rākau te whakaaro, kei ā te Tohunga tārai i te rākau te whakaaro-It is a carver, not the wood that has the understanding-if you forget your ancestors, you too are forgotten.

Even though the situation with the Covid restrictions in our school. Our students in all three classes have been diligently and resiliently getting things done. Matua Darren has been working with our students to teach them the knowledge and skills about whakairo.

The students are putting together their taonga Level 1 are completing their Whakarei boards. Level 2 a Wheku and Level 3 a Manaia.



First XV win Watton Cup

The HPC First XV won convincingly over Paeroa College First XV to take out the Watton Cup and the Challenge Shield, for the first round of the Thames Valley competition. At the final whistle, the score board told the story: HPC 39 - Paeroa College 17. The boys are undefeated at this stage of the competition.

After the game, both teams were commended on their sportsmanship. "The game was easy to referee due to the high level of discipline and sportsmanship shown by both teams. All involved played hard and the game was physical, but players could be seen helping an opposition player up after a big hit and there was a genuine sense of camaraderie between the teams. I hope I get the opportunity to referee these two teams again in the future," commented referee Simon Craggs.



The Regional Development Officers from the Valley also congratulated the HPC team on their pre-match presentation as outstanding. "The boys have finally got what it's all about," said one happy coach Mr Dan Mead.

Live Streaming of Games

A big thank you to past pupil, Mr Bevin Jenkinson aka "Bev's Broadcasting" Facebook, for his live streaming of some recent sports games. Bevin has also contributed some great action shots from many of the games. Literally thousands are tuning in from around the country; a popular move for grandparents in particular who live some distance away.



Back row: Nathan Everett, Nicholas Hutt, Oscar Hutt, Ben Butterworth, Jack Bond, Lachie Gordon.
Front row: Katrina Bond, Ayisha Hull.

HPC Shooters on Target

Congratulations to the Shooting Team who competed at the Putaruru Secondary Schools Shoot.

Individual Results were:

Katrina Bond 1st HOA Girl Shooter
 3rd Senior Shooter

Oscar Hutt 1st Senior Shooter

Team Results were:

Katrina Bond 1st in Girls Team
& Ayisha Hull

Oscar Hutt, Lachie Gordon, Nicholas Hutt & Nathan Everett 2nd in Boys Open Team

Ayisha Hull & Oscar Hutt 1st in Mixed Team

Badminton

Congratulations to our junior students who competed in the HPC Badminton Championships.

Our Champions are:

Jnr Boys Singles:	Cooper Green
Jnr Girls Singles:	Sophie Pepper
Jnr Boys Doubles:	Cooper Green / Edwin Jose
Jnr Girls Doubles:	Sophie Pepper / Trinity Van der Hulst
Jnr Mixed Doubles:	Sophie Pepper / Cooper Green



Following local community feedback, the Ngatea Lions have decided not to go ahead with the proposed Christmas Parade.

Sports @ HPC

**Equestrian**

Well done Katie Graham who represented HPC at the St Peters Inter-Schools Dressage Event – Katie placed 2nd in Level 4 and 3rd in Level 3.

**Surfing**

Congratulations to Levi Waller who has been selected to represent the Coromandel Region at the Secondary Schools Surfing Nationals in the U16 Division.

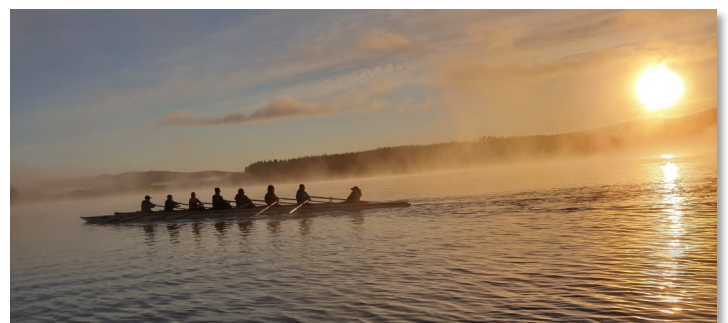
**A long row from Kineton to Ngatea**

Franklin Hamilton, has recently been appointed Head Rowing Coach, for the Hauraki Plains Rowing Club. Franklin started rowing at school in Year 8 at his local high school, Kineton, situated in South Warwickshire, England. What started as a ten week 'try it out' programme, led to nearly 10 years of competitive rowing.

After leaving high school, he attended Reading University to study Quantity Surveying. His rowing passion continued with a large medal haul including being the second fastest University lightweight single sculler in Great Britain in 2018. He was also part of the gold medal winning quad in 2017 and 2018 and rowed for England at the Home International Regatta.

"I came to NZ for the 2019 - 2020 rowing season after being recommended from friends who had coached in NZ and explained how good the Junior rowing system in NZ is. Hauraki Plains Rowing Club is a club that achieves great results at Maadi Cup with many HPC students being in the top 10 rowers in their year group in New Zealand. Rowing is a great sport due to its fitness benefits; it is a whole body sport therefore is a great sport to supplement every winter sport. The teamwork aspect of rowing is very different to other sports as the synchronicity with your other crew mates is imperative to success. The dedication and commitment to rowing creates very resilient and hard working students and teaches them the importance of balancing school work with sport. Rowing is a technical sport that is very different to any other sport therefore anyone can be moulded into a very good rower no matter your size or other sporting ability."

In his second season at Hauraki, he is looking forward to the Novice Rowing Camp in the October holidays. The camp is to enable students, especially Year 9s, who might want to give rowing a go. While senior rowers can be seen on the water at first light, first year rowers have a much lighter workload with after school trainings only two to three times each week for the rowing season. For any students or parents interested in having a go at rowing, email Franklin (franklinh@haurakiplains.school.nz)



The HPC students currently rowing create a fun atmosphere around the boat club making training, camps and racing always an enjoyable place to be whilst maintaining a driven goal for success.

The **Novice Rowing Camp** is held in the first week of the September holidays from Sunday 27 Sept – Wednesday 30 Sept at Lake Maraetai, Mangakino. Year 9's and other students interested, please contact Head Coach Franklin Hamilton.

Email: franklinh@haurakiplains.school.nz or phone 027 299 2764

Dave Dillon: A Proud Ngatea Man



Amongst kiwis returning from overseas under the global pandemic is past pupil David Dillon and his family, wife Mandy and their three daughters Ava, Lily and Xanthe.

David grew up on the Plains, attending Ngatea Primary then Hauraki Plains College from 1989 to 1993. After leaving college he gained a Bachelor of Social Sciences at Waikato University before heading into a position with Coca-Cola as a Key Accounts Manager.

At the same time, Dave continued to play rugby playing for Thames Valley, Waikato and the Bay of Plenty. His passion became his job when in 2000, Dave headed off to Europe, Scotland, Northern Ireland and Ireland as a professional rugby player. Several years later he headed back to New Zealand to become the Waikato Rugby Union Rugby Development Officer before completing his Diploma of Teaching in 2008. After four years at Sacred Heart

College as a Teacher, Dean and First XV Coach, it was back to the Waikato in 2013 to the Chiefs Rugby Club as Player Development Talent ID Manager.

Heading once more overseas to Japan where all of the professional rugby teams are company based, Dave took up a position with the NEC Rugby Japan as an Assistant Coach. He is currently the Head Coach for KOBELCO STEELERS based in Kobe, Japan. The Kobelco Steel Company has had a rugby team for 94 years and competes in the Japanese Top League Competition which is made up of sixteen company teams. Wayne Smith ex Crusaders, Chiefs and All Blacks Coach is the Director of Rugby at the Company.

“Currently I’m entering my third season as Head Coach. My role involves the day to day operations and management of the entire team, including players, coaches, management, medical and strength and conditioning staff. The role is challenging and hugely rewarding. I have been fortunate to have outstanding people around me which makes a huge difference. Moving forward, family is always the priority. We love living in Japan and I love coaching. Where that will be and how that looks in the future, I’m unsure. But that’s the life of a Coach!



David Dillon

My advice to young people is to do what you want to do, then work never becomes a job; it remains your passion. Be proud of where you are from; you are you and always acknowledge the people who have helped you along the way. I am a proud Ngatea man. There is no easy road; there is no substitute for hard work. When you wake every morning, make your feet hit the floor. Show gratitude and stay grounded. “

Proud to support the Hauraki Plains College Newsletter

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Please feel free to contact me for Real Estate
advice or for a free property appraisal

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