## **HPC e-Bulletin**

18 August 2021

Kia ora koutou Dear Parents and Whānau

The shift to Alert Level 4 means school is closed for at least until the end of this week. With such short notice we weren't able to hand out devices or hard packs; however, teachers are putting up information on Google Classroom for each subject so students know what they need to do over the next few days. Please encourage students to go online and if they have any issues, they are welcome to email their teachers.

From the Ministry of Education: It is really important we do everything we can to keep our community safe. Alert Level 4 means we need to stay home in our bubbles and avoid any travelling as much as possible. Supermarkets, pharmacies, foodbanks and other essential services will be open – but remember to wear a face covering if you are out and about (even a scarf wrapped around your mouth and nose will help). Check in using the NZ COVID Tracer App wherever you go and please also keep a distance from people you don't know and wash your hands well and often, especially before and after using any public facilities.

It is still not clear whether we sit in the Coromandel area. As we understand it, this information will be available before the end of the week which will clarify how we stand in terms of a lockdown extension moving forward.

For students who are anxious or feeling overwhelmed, there are several ways they can get help and support:

- Email their River Guide or Dean
- Contact a school counsellor
  - Whaea Michelle Jones (michellej@haurakiplains.school.nz)
  - Whaea Rawena Rangitauira (<u>rawenar@haurakiplains.school.nz</u>)
  - Whaea Susan McInnes (susanm@haurakiplains.school.nz)

for a health issue only

1737 is available for young people who are feeling stressed, overwhelmed or just out of sorts. Free call or free text 1737 any time, 24 hours a day. The service is completely free and the 1:1 counselling support will focus on one or two key things you need support for. The Mental Health Foundation also has some great resources.

Kind Regards,

Ngaire Harris PRINCIPAL





